Twenty-five Kentucky Native Plants that attract Butterflies and Birds

If I could only plant 25 plants these are the ones I would choose. They are attractive and hardy, supply a source of nectar and pollen throughout the growing season, attract birds, butterflies, and other pollinators, and are host plants for butterflies and moths.





Dutchman's Pipevine* (Aristolochia tomentosa)

Type: vine

Flowers: May-June

Light preference: sun, part shade

Moisture: avg

Note: Host for Pipevine Swallowtail butterflies; Aristolochia macrophylla

similar species



Blue False Indigo (Baptisia australis)

Type: perennial Flowers: May-June

Height: 3-5'

Light preference: sun

Moisture: avg

Note: Large showy deep-blue flowers; attractive blue-green foliage



Virginia Sweetspire* (Itea virginica)

Type: shrub

Flowers: May-June

Height: 3-6'

Light preference: sun, part shade

Moisture: avg

Note: Host for Azure butterflies; excellent early nectar source



Golden Alexander (Zizia aurea) as well as non-native Parsley, Dill, Fennel, and Carrots

Type: Golden Alexander is a native perennial

Height: 10-12"

Light preference: sun, part shade

Moisture: dry-moist

Note: Host plants for Black Swallowtail butterflies





Button Bush (Cephalanthus occidentalis)

Type: shrub

Flowers: June-July

Height: 5-15'

Light preference: sun **Moisture:** moist-avg

Note: White round flower-heads attract butterflies and other pollinators



Scarlet Bee Balm (Monarda didyma)

Type: perennial Flowers: June Height: 3-4'

Light preference: sun

Moisture: ava

Note: Bright red flowers; attracts hummingbirds and butterflies



Purple Coneflower (Echinacea purpurea)

Type: perennial

Flowers: June-August

Height: 3-4'

Light preference: sun, part shade

Moisture: avg

Note: Host for Silvery Checkerspot butterflies; good source of nectar



Common Milkweed* (Asclepias syriaca)

Type: perennial Flowers: June Height: 3-5'

Light preference: sun, part shade

Moisture: avg-moist

Note: Host of Monarch butterflies; attracts many butterflies and insects



Purple Milkweed* (Asclepias purpurea)

Type: perennial Flowers: June-July Height: 2-3'

Light preference: sun Moisture: avg-moist

Note: Host for Monarch butterflies



Swamp Milkweed* (Asclepias incarnata)

Type: perennial Flowers: July-August

Height: 4-5'

Light preference: sun **Moisture:** avg-moist

Note: Host for Monarch butterflies



Butterfly Milkweed* (Asclepias tuberosa)

Type: perennial Flowers: June-July

Height: 2-3'

Light preference: sun

Moisture: avg

Note: Host for Monarch butterflies



Tropical Milkweed (Asclepias curassavica)

Type: Annual (non-native)

Flowers: July-frost

Height: 3-5'

Light preference: sun

Moisture: avg

Note: Host for Monarch butterflies; attracts migrating Monarchs



Sweet Coneflower (Rudbeckia subtomentosa)

Type: Perennial Flowers: July-Sept

Height: 3-4'

Light preference: sun, part shade

Moisture: ava

Note: Also called Sweet Susan; similar to Orange Coneflower -

Rudbeckia fulgida



Blazing Stars (Liatris species)

Type: perennial Flowers: June-Sept

Height: 3-6'

Light preference: sun **Moisture:** avg

Note: Different species bloom at different times; provide vertical interest



Royal Catchfly (Silene regia)

Type: perennial Flowers: July-August

Height: 3-4'

Light preference: sun

Moisture: avg

Note: Showy red flowers on tall stems; attracts hummingbirds

FALL



Mist Flower (Eupatorium coelestinum)

Type: perennial Flowers: Aug-Oct Height: 2-3'

Light preference: sun, part shade

Moisture: avg-moist

Note: Good source of nectar between summer and fall blossoms



Hearts-a-Burstin' (Euonymus americanus)

Type: shrub

Flowers: May-June

Height:

Light preference: sun, part shade

Moisture: avg-moist

Note: Also known as Strawberry Bush; showy fruits in October



New England Aster* (Aster novae-angliae)

Type: perennial Flowers: Sept-Oct

Height: 4-5'

Light preference: sun

Moisture: avg

Note: Other aster species also good sources of nectar and hosts for

Pearl Crescent butterflies



Winterberry (*Ilex verticillata*)

Type: shrub

Flowers: berries/Oct

Height: 10-18'

Light preference: sun, part shade

Moisture: avg

Note: Early source of nectar, birds feed on attractive red berries; female

plants have berries if male plant nearby

The information in this chart is primarily from my experience and Shooting Star Nursery catalog.

Resources:

Sources for Plants

- Shooting Star Nursery 160 Soards Rd. Georgetown, KY 40324 502-867-7979 www.shootingstarnursery.com
- Local garden centers good to use the Latin names when asking for plants; tell them you are looking for natives

Books

- The Life Cycles of Butterflies by Judy Burris and Wayne Richards; especially helpful for those wanting to learn more about common Kentucky butterflies, host plants, and good nectar plants
- Gardening for Birds by Thomas Barnes; includes good information on gardening for butterflies as well as birds
- Bringing Nature Home Douglas Tallamy; emphasizes the value of landscaping with native plants

Websites

- Betty Hall Photography <u>www.bettyhallphotography.com</u>
- Wild Ones <u>www.wildones.org/chapters/lexington</u>; Lexington Chapter of a national organization that encourages landscaping with native plants
- North America Butterfly Association www.naba.org